



















University of Toronto Summer Camp Timetable 2019

多倫多大學夏令營時間表2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					July 1 Arrival Date	July 2 Welcome Activities
July 3 Intro Games UofT Tour  Welcome Event	July 4 Workshops  Ultimate Sports	July 5 Casa Loma  Counsellor Event	July 6 Workshops  Blue Jays Game	July 7 ROM  Scavenger Hunt	July 8 Vaughan Mills 	July 9 Black Creek 
July 10 ★ Eaton Centre  CN Tower	July 11 Workshops  Aquarium	July 12 Fort York  AGO	July 13 Workshops  Mini Olympics	July 14 High Park  Ultimate Sports	July 15 Niagara Falls 	July 16 Canada's Wonderland 
July 17 ★ Queen Street Shopping  Ultimate Sports	July 18 Workshops  Wildcard Night	July 19 Counsellor Event  Boat Cruise	July 20 Workshops  Talent Night	July 21 Yorkdale Shopping  Counsellor Event	July 22 Woodbine Beach 	July 23 Toronto Zoo 
July 24 Bata Shoe Museum Bookstore  Game Show Night	July 25 Workshops  Cinema Night	July 26 ★ Centre Island BBQ 	July 27 Workshops  Farewell Dance Party	July 28 Departure Day 	Afternoon Activity Evening Event Full Day Excursion ★ No Afternoon Classes	

Note: Itinerary may be subject to change.

Social Clubs Activities

學會活動

Activity & Wellness

This workshop focuses on physical activity, fitness, and nutrition to encourage a healthy lifestyle. This is a workshop for athletic campers to show off their skills and maybe even lead their own workshops with counsellor guidance!

The club could include:

| yoga | dance | martial arts | running | swimming | health & wellness |

健康及體育活動

本工作坊的重點在於體能活動，健身和營養，鼓勵健康的生活方式。這是一個讓精於運動的學生展示他們的技能的工作坊，甚至可以帶著輔導員開設及領導自己的工作坊！

學會可能包括：

| 瑜伽 | 舞蹈 | 武術 | 跑步 | 游泳 | 健康 |

Arts & Crafts

This workshop is an opportunity for creative self-expression. This workshop will let campers explore how they express themselves through art and showcase their work at camp.

The club could include:

| painting | drawing | braiding | writing | crafting | sewing |

藝術及手工

本工作坊創造自我表達的機會給學氏生。本工作坊將讓學生探索他們如何通過藝術表達到自己，並展示出他們的成品。

學會可能包括：

| 上色 | 繪圖 | 編織 | 寫作 | 製作 | 縫紉 |

Performance

This workshop provides a space for our campers to organize and perform for their community. This is a great workshop for campers to have some laughs with improvisation games, or even to put together their own play.

The club could include:

| singing | dancing | comedy | storytelling | performance art | theatre | improvisation |

表演

本工作坊為學生提供了一個可以舉辦和表演的空間。對於學生來說，這是一個從即興遊戲中得到樂趣，甚至可以成為遊戲的元素之一的活動。

學會可能包括：

| 唱歌 | 跳舞 | 喜劇 | 說故事 | 表演藝術 | 劇院 | 即興創作 |

Cuisine

This workshop allows campers to share and communicate elements of their culture and cuisine through food. Counsellors will guide campers through food safety and basics of following a recipe, meal prep, baking, cooking, and proper use of kitchen tools. This workshop introduces campers to important and useful skills while sharing flavours and tastes from home.

The club could include:

| baking | cooking | food safety | following a recipe | meal preparation |

飲食

本工作坊讓學生通過食物分享，交流他們國家的文化和美食。輔導員將帶領學生認識食品安全和跟隨食譜，準備膳食，烘焙，烹飪和正確使用廚房工具的基本知識。本工作坊會向學生介紹重要和有用的技能，同時分享不同國家的風味和口味。

學會可能包括：

| 烘烤|烹飪| 食品安全| 跟隨食譜| 膳食準備|

Media

Media is great way to both show off our own culture and learn about others. Our counsellors will work with campers to produce media about their time at camp and the world they are being exposed to with things like videography and photography. This is a great workshop for campers to show off their social media skills and create the photos and videos that we can all remember the summer by!

The club could include:

| videography | photography| collages | camp newsletter | social media | digital responsibility |

媒體

媒體是展示我們自己的文化和了解其他文化的好方法。我們的輔導員將與學生一起製作媒體相關的作品，了解他們所接觸的這個世界，例如攝影和影片。對於學生來說，這是一個可以展示他們的社交媒體技巧的活動，並創造每人都記得夏天照片和影片！

學會可能包括：

| 影片|攝影| 拼貼| 夏令營通訊| 社交媒體| 電子媒體責任|

Intramural & Organized Sports

This workshop is for our campers interested in athletics, teamwork, and sportmanship. Campers who like team sports, trying new things, competition, and including others will love this workshop.

The club could include:

| football (soccer) | basketball | being a team player | organizing sports | leadership | refereeing |

體育比賽

本工作坊讓學生可以互相比賽或合作比賽，嘗試挑戰。

學會可能包括：

| 足球| 籃球| 團隊合作| 舉行體育活動| 領導| 裁判|

Sample Excursions

短途旅程



Niagara Falls
尼加拉瀑布

Niagara Falls, one of the great natural wonders of the world, displays in unforgettable fashion the sheer force of Mother Nature. Students can feel its natural power.

尼加拉瀑布是世界的自然奇觀之一，以令人難忘的方式展現了大自然的力量。學生可以親身感受到它的自然力量，欣賞其壯觀的景色。



CN Tower
加拿大國家電視塔

One of the famous attractions, also the landmark of Toronto. The building was once the highest record for the Guinness World Record. Students can take a look at the Canadian landscape in the tower.

著名景點之一，也是多倫多地標。曾經為健力士世界紀錄大全紀錄為最高的建築物。學生可以於塔內將加拿大景色一覽無遺。



Wonderland
Wonderland 樂園

After a day learning in classrooms, it is perfect to go to a theme park and ride on those exciting rides and play a lot of fun games with friends!

在課室學習了一天之後，去主題公園就最好不過了。可以乘坐那些令人興奮的遊樂設施並與朋友一起玩很多有趣的遊戲！